

PETALUMA COSMETIC & IMPLANT MAGAZINE

Amazing Cosmetic Care

in Your Neighborhood

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Elevating

Your Dental Care
Experience

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TMJ and
Migraines
Got You Down?

Effective
BOTOX®
Treatment

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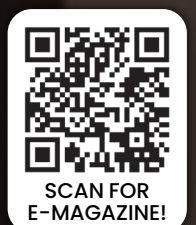
CLEAR
ALIGNERS

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Without Dentures!

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SCAN FOR
E-MAGAZINE!

APetalumaDentist.com



My experience with has been above c anything I could have ever e Chan is **one of the top de ever been treated by**, an the friendliest and most kn I have ever encountered. It **to go into the office** for an c and I have never felt tha any dentist I have ever s emergency situations I wa away, and my issues wer of almost immediately. My great shape now! I love th is close to home and it's clean. I **highly recommen** She is always very kind, cc gentle." –Felix C.

Compassionate and Innovative Dentistry

Office Hours

Mon: 8:00 AM – 5:00 PM

Tues: 8:00 AM – 5:00 PM

Wed: 8:00 AM – 5:00 PM

Thurs: 8:00 AM – 5:00 PM

Fri: 8:00 AM – 5:00 PM

We are closed for lunch
from 1 PM – 2 PM every day



vonChan d.d.s.

COMPASSIONATE AND INNOVATIVE DENTISTRY

1416 Professional Drive, Suite 201
Petaluma, CA 94954

Call today!
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SCAN FOR
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Special Offers!

Free 30-minute Cosmetic Consultation

Free Invisalign Consultation + Free Whitening at the
End of Treatment + Free First Set of Retainers
Ask about our family savings program, a \$500 savings!

Free 30-minute BOTOX Consultation

Free All-on-4 Implant Consultation

Elevating Your Dental Care Experience

with Von Chan
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er expected. Von
dentists I have
and the staff is
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an appointment,
that way about
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end Von Chan.
d, courteous and

At Von Chan DDS, patients discover that a smile is more than just aesthetics—it's a **gateway to well-being**. Set in a serene, spa-like environment, this practice is a sanctuary of comfort and advanced dental care. Under the guidance of the compassionate and highly skilled Dr. Von Chan, the team is dedicated not just to treating smiles but *enhancing overall health and confidence*.

What sets Von Chan DDS apart is their commitment to **making top-tier dental services accessible to all**. With flexible financing options through CareCredit® and Lending Point, trans-

formative dental care is realistically within your reach. The practice excels in cutting-edge treatments—all delivered using the **latest technology and innovative practices** like protein-rich fibrin for enhanced healing.

Choosing Von Chan DDS means opting for a dental experience that prioritizes not only your comfort and results but also your peace of mind and financial ease. Here, every treatment is an opportunity to improve your life, proving that quality dental care can be both *exceptional and affordable*.



Dr. Von Chan

To Dr. Chan, oral health care does not simply involve treating oral disease, but revolves around **treating the patient as a whole**. This means listening compassionately to every single patient so that she can provide balanced care that encompasses physical, social, emotional, spiritual, and intellectual well-being.

She loves pursuing continuing education and *always exceeds the amount required* by the American Dental Board. Moreover, she is a firm believer in giving back to the community through volunteer work and educating children about dental health. As a long-time Bay Area resident, Dr. Chan is a foodie with a love of hiking, camping, traveling, and spending time with her husband, two sons, and daughter.

Credentials:

- Graduated from University of the Pacific, Dugoni School of Dentistry
- Earned her Doctor of Dental Surgery and her Bachelor of Science degree

Completed advanced training in:

- Hospital Dentistry
- Aesthetic Dentistry
- Endodontics
- Prosthodontics
- Implantology
- Oral Surgery
- Oral Pathology
- Temporomandibular Joint Disorder (TMD)
- Earned a Fellowship in Dental Implantology from the International Congress of Oral Implantologists
- Certified in Invisalign® and Aligner Therapy
- Certified in Laser and BOTOX® Therapy



Dr. James Lin

After graduating from dental school, Dr. Lin spent several years providing dental care and education to underprivileged communities in Green Bay, WI. His background has helped him learn to **address dental diseases as a systemic issue through patient education**. Moreover, he has developed a philosophy that prioritizes saving natural teeth structures and focuses on providing dental care that's truly necessary for his patients' welfare.

Outside of dentistry, he enjoys traveling the world with his wife and venturing to places such as the Hokkaido region of Japan. Additionally, he loves visiting the US National Parks and is determined to go to all the parks within his lifetime. Some of his favorite hobbies are deep-sea fishing, basketball, cooking, and hiking.

Credentials:

- Graduated from UCSF School of Dentistry
- Obtained a Master in Public Health from UC Irvine with a Sociocultural Diversity and Health Emphasis

COSMETIC DENTISTRY

Superior Health and
Comfort, **PLUS** a
Better Smile!

Cosmetic dentistry not only helps you look better, but feel better, too. Certainly, cosmetic procedures, such as teeth whitening, veneers, implants, and crowns can help a smile dazzle. However, their **benefits go far beyond appearance**.

Besides physical appearance, cosmetic dentistry can help improve teeth's functionality and overall quality of life. For instance, veneers and crowns restore the functionality of damaged teeth so you can feel good and be able to use your teeth to their full potential. And while implants remove gaps in your smile by **replacing missing teeth**, they simultaneously increase bone strength and gum health. Then, teeth whitening treatments can help with quality of life as they provide a pick-me-up for a special occasion or *boost your overall confidence*.

Teeth whitening is actually one of Dr. Chan's most popular cosmetic procedures. It's affordable, quick, and meant to last. If you're in the market for a good whitening process, Dr. Chan offers three different services: in-house whitening with Zoom!® technology, custom take-home trays, and Opalescence Go™ prefabricated trays. Your dentist can advise you on the best treatment for your situation. No matter what you and the dentist decide, you'll leave the office **feeling great with your new smile!**

BOTOX® treatment is also incredibly popular in the office, which might come as a surprise. Normally, BOTOX is thought of as a cosmetic surgery used to eliminate wrinkles. However, in dentistry, BOTOX is commonly used as an **effective treatment for TMJ pain and migraines**. When you think about it, who better to administer BOTOX than a doctor who is a trained expert on your head, mouth, and jaw? See page 7 for more information.

If you're in pain, want some help feeling more confident, or have a special occasion, Von Chan can help. Their specialized team can **give you the best smile of your life and the confidence that goes with it!**

Call today!
707.760.0833



"I have been seeing Dr. Chan and her staff for over a decade. I have had a number of procedures done from simple fillings to requiring crowns on most of my teeth due to poor genetics. I have **always been treated as a valued patient**, and my needs have always been met.

I had a front tooth broken by an overly excited pup and called Dr. Chan's office in tears. They were able to see me within hours! When I had a row of temporary crowns come loose on December 23rd, Dr. Chan herself came in on Christmas Eve to resolve the issue. They **use the best equipment available** and yet **still have a human touch that makes you feel appreciated** and understood as a patient. Dr Chan and her staff have **the best dental office around!** I recommend them to all of my family and friends. They are very skilled, use the newest practices, and **actually care for their patients.**" –Janel H.

Amazing Cosmetic Care

in Your Neighborhood

No matter what you need done, Dr. Chan has you covered!

Teeth Whitening

With Three
Affordable Options
to Choose From!

Invisalign® Clear Aligners

Crowns

Veneers

Implants

Including Dental Bridges!

Therapeutic BOTOX®

See Page 7

Cosmetic Laser Treatment

All-on-4® Implants

See Pages 8–9

If you're curious about how any of these options could make a difference in your life, schedule a consultation today! There's **no obligation**, and your consultation won't cost you a dime!

FREE
30-minute Consultation

FAQs

Does whitening damage the enamel on my teeth?

Certainly not! Professional teeth whitening does not damage your tooth enamel, though some of the home kits you can purchase at the store or online can cause damage if used improperly. Von Chan can provide personalized recommendations to ensure you get great results that last for years.

Will people be able to tell that I've had cosmetic dentistry work done?

No. You'll find that the teeth you've had worked on will beautifully match your entire smile. With the advancements

in cosmetic dentistry, you won't have to worry about people knowing you've had treatments. The materials used are expertly color-matched to your natural teeth, making it impossible to distinguish between crowns, veneers, and bonding resins and your natural teeth. Furthermore, the glossy finish of the surfaces is identical to that of natural teeth, ensuring a beautiful seamless look.

Do cosmetic treatments affect my oral health?

Yes. Your oral health will be improved with any cosmetic treatment. Those might be implants, crowns, veneers, or even clear aligners. Dr. Chan will provide a treatment plan to enhance your smile and help you keep that

smile as healthy as possible in the future with regular checkups and good oral hygiene.

Is cosmetic dentistry worth the time and money?

The most common thing patients have to say is that it has been life-changing, and they wish they would have done it long ago. They've attributed their cosmetic procedures to newfound confidence, finally enjoying being in pictures, getting new jobs they couldn't get before, new relationships, and even finally finding their spouse. With a beautiful new smile and a newfound motivation to keep your smile healthy and new, your confidence will soar, and you'll enjoy a greatly enhanced quality of life.

Enjoy the Confidence of a Straighter Smile! Clear Aligners, The Easy Alternative!

The idea of a mouth full of sharp metal braces might make you uncomfortable, but there is **another way to get straight teeth**—Invisalign®! If you feel like you would benefit from a better smile, Invisalign might be a great option for you.

While metal braces straighten teeth with wires and brackets, Invisalign uses *strong, flexible, clear aligners* you wear over your teeth. They are virtually invisible and are made to be strong, but bendable enough to not crack or break. Dr. Chan uses high-quality

images to create a **customized and specialized treatment plan**. This plan will include how many aligners you'll use and how long to use each set. From the time you snap the first set on, your teeth will start to move into the place they were meant to be!

Invisalign aligners offer unparalleled convenience. They are removable, allowing users to eat, drink, and maintain their oral hygiene routines without the hindrance of metal braces. This not only **enhances comfort** but also **promotes better oral health** through-

out the treatment process. Invisalign is wonderfully effective, and your teeth will be right where they should be before you know it!

Finally, Invisalign typically requires fewer in-office visits compared to traditional braces. Each set is worn for about two weeks before progressing to the next set. Fewer office appointments is really helpful for those with busy schedules. Invisalign will typically deliver your dream smile in about **half the time of braces**.

Still not sure if straightening your teeth is worth it? Here are the top 10 health benefits of straight teeth:

- 1** Better digestion & nutrition
- 2** Teeth last longer
- 3** Easier to clean & keep clean
- 4** Dodge gum disease
- 5** Reduced jaw problems
- 6** Clearer speech
- 7** Fewer dental accidents (such as chips or even biting your tongue or cheeks)
- 8** Less bad breath
- 9** Increased confidence
- 10** Better overall health



The *comfort, convenience, and aesthetic appeal* of Invisalign make it a wonderful choice for anyone who would like to enjoy the benefits of a healthy, beautiful smile. Achieving a straighter, more confident smile becomes a seamless and positive experience. Give Dr. Chan a call! She loves to help you **get the life-changing smile you deserve!**

free
**Invisalign®
Consultation**

Ask About Our Family
Savings Plan!

+ Free Whitening at the End of Treatment
+ Free First Set of Retainers

FAQs

I've had braces, but my teeth shifted again. Can Invisalign fix that?

Absolutely! Invisalign can treat all kinds of common teeth-straightening issues.

Can I switch from metal braces to Invisalign?

Possibly! Talk to Dr. Chan about your options.

What's the best way to clean aligners?

You can brush and rinse your aligners like you would your own teeth (make sure you

clean the inside, too). It's also a great idea to brush your teeth after meals, so your aligners don't get stained.

Will I need to wear a retainer after treatment?

Invisalign works differently than traditional metal braces, but retainers are still beneficial for a while after treatment. This prevents your teeth from shifting back to their old positions. Dr. Chan will discuss retainers at the end of your treatment plan.

Is Invisalign a permanent fix?

Invisalign can be a permanent solution for teeth realignment, ensuring lasting results when you adhere to Dr. Chan's recommendations. By following her guidelines throughout treatment and with proper use of your retainers after treatment, you can maintain your straight, beautiful smile for a lifetime.

Call today!
707.760.0833

TMJ and Migraines Got You Down?

Discover Effective BOTOX® Treatment!

When people hear BOTOX, they might think about women who want fuller lips or wrinkles gone. However, BOTOX has been cleared by the FDA for many other uses. One of these is to **treat TMJ pain and recurrent migraines**. Dr. Chan is trained in using BOTOX effectively and safely to treat these types of problems, and the *results will amaze you!*

The BOTOX that Dr. Chan uses during TMJ therapy is the same formula you would find in cosmetic surgery, and it works in a similar way. Once it's injected into the skin, it attaches to nerve endings, thereby blocking pain receptors and helping support proper jaw movement. That means less muscle tension and *reduced jaw pain*, **providing relief from TMJ symptoms!**

BOTOX is used to treat issues caused by teeth grinding, stress as a result of pain and discomfort, excessive chewing, and jaw misalignment. Clenching and grinding teeth, especially when sleeping, can cause serious health issues such as:

- Clenching and grinding teeth, especially when sleeping, that can cause serious health issues
- Jaw pain caused by mechanical trauma and/or muscle fatigue
- Lockjaw, or a jaw that can't open all the way
- Headaches and migraines due to jaw pain or tension
- TMD, a painful disorder with the temporomandibular joint itself

Treatment with BOTOX is used with many other treatments to *alleviate chronic pain*. Once it's injected into the muscle, those nerve endings should be numb to pain for anywhere between three and six months. It can't be a standalone treatment, but with the help of BOTOX provided by Dr. Chan, your TMJ pain and chronic migraines could turn into a thing of the past.

You don't have to suffer from TMJ pain or migraines anymore. Call Dr. Von Chan and see whether therapeutic BOTOX is right for you.



Free
*30-minute
consultation*

// I had BOTOX treatment at Dr. Von Chan's office. **This has changed my life tremendously for the better.** I have suffered from migraines since I was 14 years old. We started on the program and it just changed my life. I went from having three to four months at a time of devastating migraines to hardly having migraines at all. I don't even think about them anymore!" —Topsy S.

FAQs

What can I expect during my BOTOX procedure?

The procedure should only take half an hour from start to finish. After an evaluation, Dr. Chan will use a topical anesthetic to numb the injection sites. She will then inject BOTOX into the affected jaw muscles, temples, and forehead.

How long is recovery time?

There is no recovery time! You'll be able to get back to your daily routine right after leaving the office.

Does this procedure require at-home care?

If you're experiencing pain or discomfort, you can take over-the-counter painkillers. Dr. Chan advises patients to stay sitting up for a few hours after the procedure. To avoid spreading the BOTOX to places it doesn't need to be, you should also avoid rubbing the injection sites.

Are there side effects?

Some patients have no side effects after BOTOX, but some patients may experience slight redness or discomfort at the injection sites. More serious side effects are extremely rare.

If BOTOX isn't a standalone treatment for me, what else can I do?

If BOTOX isn't enough on its own, Dr. Chan offers several other options to enhance your treatment. You might be recommended to combine BOTOX with physical therapy, oral appliances like splints or mouthguards, stress management techniques, or other medications. Dr. Chan and her team will work with you to create a personalized plan that addresses your specific needs and provides the best possible relief from your symptoms.

Get a healthy, new, beautiful set c

Without

All-on-4® implants offer amazing freedom that **replaces dentures and are better in every way!** They consist of precisely placed dental implants, which are used to support new teeth and remove any need for individual implants. All-on-4 implants provide a *less time-intensive, less expensive treatment* than individual implants and are an especially good choice for people whose jaws may have atrophied due to missing teeth. They are easy to keep clean and give you a healthy, beautiful smile that can last a lifetime!

To start the process, photos, scans, and x-rays of your mouth are taken. Then you'll meet with Dr. Chan to discuss the best options and put together a plan for the procedure itself. During the procedure, four titanium anchors are put into place. These anchors will act as

the roots of your teeth, providing stability for a *permanent new set of beautiful, natural-looking teeth*. That same day, temporary teeth will be placed on the anchors, and they'll stay there while everything heals and strengthens. As soon as the implants are ready, your new, beautiful, permanent set of teeth will replace the temporary ones.

Your new set of teeth can be treated just like natural teeth. You'll be able to eat your favorite foods with confidence, **embarrassment will be a thing of the past**, and you'll love being in pictures with your new smile! Moreover, you'll be preventing future bone loss, and it will be easier to maintain the hygiene of your beautiful smile. Over and over, patients express *how life-changing the All-on-4 treatment has been* for them!

While individual implants are more useful for people just missing a tooth or two, All-on-4 implants are great for people who are missing more (or even most) of their teeth or suffering with very damaged teeth. They are an amazing option if you don't want to

deal with dentures and all the problems associated with them and are looking for a cost-efficient option.

Recovery time also tends to be faster with All-on-4 treatment than with traditional implants. If proper care is maintained—brushing, flossing, and routine cleanings—**your new teeth can last a lifetime**. Once they're in and you maintain them properly, you may never need to think about them again! You can enjoy a healthy, beautiful smile *without the hassle of dentures!*

Call today!
707.760.0833



"I hold Von and her practice team in the highest regard, having benefited from her care since 2004. Over these years, Dr. Chan has treated me for an extensive range of dental procedures from fillings, cleanings, and extractions, to treatments to restore my receding gums and treat infections. Von has installed individual implants and also created and installed an entire set of teeth which involved five implants and the casting and installation of all

new uppers. This corrected my bite allowing me to chew again, and **improved my smile measurably!** That procedure took some time at each stage, but Von was there with me every step of the way. I appreciated her **patient and caring explanations and encouragement** during my healing along with her frequent check-ups on my progress.

Most people dread going to the dentist, but Von makes the experience almost pleasant with her confident, yet gentle reassurance and her **extraordinary professionalism**. She has the latest equipment and technologies which makes her diagnosis and treatments so accurate and effective. From special



dental cameras, x-ray equipment, and a battery of tools, **her work is always thorough and effective delivering positive results**. Her guidance on proper brushing, flossing, and using the Waterpik provides guidance for my home mouth care. **My dental health is better than ever.**

I'm exceedingly grateful to have Von Chan as my dentist. **I recommend her with the highest confidence** based on my own experience and my wife's." —Morris S.

of teeth...

to the problems
of dentures!

FREE
Implant
Consultation

FAQs

How do I clean All-on-4 implants?

The best way to clean your new teeth is by brushing twice a day with a soft toothbrush with thin bristles, as well as flossing regularly. A Waterpik® can also be used to clean between the gums and your new teeth. You should also keep up with regular dental cleanings.

Will the line between the All-on-4 and my jaw be visible?

Dr. Chan will make sure that your gums and the All-on-4 mesh together as perfectly as possible. Don't worry—no one will know the difference!

How long does the procedure take?

After your initial consultation and scans, your new teeth will be placed in one appointment! With All-on-4, you can come into the office with damaged or even no teeth and leave the same day with a beautiful set of strong, functional teeth.

What can I eat after the procedure?

Your new teeth will be strong and stable. You will be able to eat most foods immediately following your procedure, with the exception of hard, brittle, or chewy foods. After about 6 weeks, you will be able to return to a regular diet.

Dental Anxiety?

Enjoy a Sublime, Relaxing Experience

Going to the dentist can be a little nerve-racking—but that doesn't mean that it has to be. Besides offering a variety of relaxation methods (see page 11), Von Chan also provides sedation. Depending on your needs, there are several different options:

- Laughing gas
- Oral sedation
- General anesthesia

Give Dr. Chan's office a call. They can help you decide what would be best for you. No matter what you choose, you'll end up feeling so relaxed that you'll look forward to your return!

Over 450 Five-Star Reviews!



Patient Stories



// I started visiting Dr. Chan when my dentist retired. It isn't easy to find a new dentist once you have one. **I have enjoyed being a patient of Dr. Chan. She is always very professional and kind.** She takes the time to explain procedures before we start. I have always felt comfortable being in her office. The staff is always very friendly.

My smile wasn't great before coming to Dr. Chan's office, but **after my Invisalign treatment, I'm happy to say my smile is so much better!** I even have healthy gums now! I'm very happy with my Invisalign® results. My smile has improved a ton, and I'm happy to show it off now. I would recommend friends and family come visit Dr. Chan. I've always had great experiences at her office and **I actually enjoy my time at the dentist!**" –Jim M.

// **Dr. Chan is probably one of the greatest dentists in California.** She is very highly trained, uses the latest technology, and has an outstanding team of people! **They always greet you with a smile and are so friendly** from the time you arrive until the time you're finished with your appointment. I had a pretty major dental procedure done after totally breaking a tooth. I couldn't eat very well because of that broken tooth. Dr. Chan did a dental implant and fixed that tooth so it's perfect now. I also went through the Invisalign® program here at Dr. Chan's office. It was so easy! Quick to get started, and **my teeth are so much better now that they're aligned well.** I think it's important in life to feel confident. Before Invisalign, I didn't feel as confident as I do now. My teeth are much more aligned, and I'm **more willing to smile now than I was before.**

The whole team is great, but Judy is just amazing. As soon as I come in the door, she **greet me and makes me feel warm and welcomed.** Emma is wonderful as well! Very highly trained and personable. She's always very helpful. Dr. Chan is always learning and always has the latest technology and equipment. She's always at the forefront of new technology, and I think that's very important in dentistry—to have the latest advancements in equipment and training as well as education for your team. **When you have a great dentist and great teeth, you feel more confident and you want to be a walking billboard to let other people know what a great dentist you have.** I absolutely feel this way so of course I would recommend Dr. Von Chan to my friends and family."

–Roger F.

Why Choose Von Chan, DDS?

Gone are the days of dreadful dental care visits. At Von Chan DDS, **the comfort of the patient is prioritized**—before, during, and after every visit. Imagine curling up with a *cozy blanket*, sipping an exotic tea, hot coffee, or some classic hot chocolate. As the examination light is switched on, you're barely fazed because of the provided sunglasses. Instead of the uncomfortable dental office sounds, you can **enjoy a Netflix or Amazon Prime movie** undisturbed with noise-canceling headphones.

Just as Dr. Chan prioritizes your comfort, they also do not skimp on providing the best technology. For example, their digital radiography generates **90 percent less radiation than traditional X-rays**, meaning it is safer for you and for the environment. Also, they use the Fotona Lightwalker Laser, which is a huge upgrade from traditional drills and does a wonderful job. This enables your recovery time to be significantly shorter.

So, get ready for cutting-edge dentistry that *prioritizes you every step of the way*.

Call today! **707.760.0833**

No insurance?

Von Chan Dentistry has you covered!

With their amazing **membership plan**, you enjoy savings on essential dental care and cosmetic procedures, including annual cleanings, x-rays, fillings, root canals, implants, teeth whitening, and much more.

- **No** deductibles
- **No** yearly maximums
- **No** claim forms
- **No** pre-authorization requirements
- **No** additional health forms
- **No** pre-existing condition limitations
- **No** denial of coverage for anyone
- **No** waiting periods (immediate eligibility)
- **Free** consultations

Comfortable Environment



Cutting-Edge Technology



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5-Star Dental Care

With a Personal Touch





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free
Consultation



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